

Riviera International Academy

Assignment-2077

(Jestha 22, 2077, Thursday)

Class: Five

विषय - नेपाली

पाठ १ आमा

गृहकार्य : पेज नं. १३ को अभ्यास १ र २ गर ।

नोट : उक्त पाठ Google Classroom मा राखिएको छ ।

Subject- English

Vocabulary Worksheet

Match each word with the correct definition.

- | | |
|---------------|---|
| 1. Change ● | ● To calculate approximately. |
| 2. Discuss ● | ● Related in appearance or nature; alike though not identical. |
| 3. Equal ● | ● To speak with another or others about; talk over. |
| 4. Similar ● | ● A following of one thing after another. |
| 5. Sequence ● | ● To become different. |
| 6. Estimate ● | ● Having the same quantity, measure, or value as another. |
| 7. Predict ● | ● To state, tell about, or make known in advance, especially on the basis of special knowledge. |

Subject- Social Studies

Ancient Nepal

Many years ago, Kathmandu valley was a big lake. It was not like what it is now. The Bagmati River that flows south from Kathmandu valley undercut its course. It caused the drain of the water out of the valley. As a result, the lake drained. Because of the fertile soil there, the valley became suitable for settlement, so people started to live here.

Gopal Dynasty

Because of green grass waved all around the Kathmandu valley, the Gopals, came from Mathura (India) to settle here. They started to keep cows. Later, they started to rule over the valley. Keeping

cows was their main occupation. They were also called Neep or Nep. It is said that Nepal derived its name after Neep. The first king of Gopal dynasty was Bhumi Gupta. The Gopal dynasty ruled over the country for more than 500 years. The last king of the dynasty was Yaksha Gupta.

Mahispal Dynasty

After Gopal dynasty, Mahispal Dynasty, came to take on Nepal. The last king of the Gopal Dynasty Yaksha Gupta had no child. So, his relative Jaya Singh became the king of Nepal after Yaksha Gupta. Jaya Singh's occupation was to rear buffaloes. In Sanskrit, a buffalo is called Mahis. The people who reared buffaloes thus came to be called Mahispal. The dynasty ruled Nepal for about 150 years. The last king of the dynasty was Bhuwan Singh. During this period also, the main occupation of the people was animal rearing and cultivation.

Kirat Period

After the fall of Mahispal, the Kirat kings emerged in Nepal. The Kirats people lived by hunting in the jungle. Later, they started cultivation. The Kirats ruled Nepal for over 1000 years. The first Kirat king was Yalambar. The last was king Gasti. Their capital was at Gokarna. Lord Kirateshwor Madhev is worshipped at Pashupatinath. Later, the Kirats were defeated by the Lichchhavis. The present days Rais and Limbus are said to be the descendants of Kirat people. Even today, Patan is called Yala because it was ruled by Yalambar at that time.

ACTIVITIES:

1. Answer the following questions:

- a. Why did the Gopals come from Mathura?
- b. Who was the first king of Gopal Dynasty?
- c. For how many years Kirats ruled Nepal?

2. Write true and false.

- a. The first king of Gopal Dynasty was Yalambar.
- b. Jitedasti was the last Kirat king.
- c. The people who reared buffaloes were called Mahispal.
- d. The Kathmandu valley was the living place of the Gopals and the Mahispals because there was plenty of grass.
- e. The Rais and the Limbus are said to be the descendants of the Kirats.

The End.