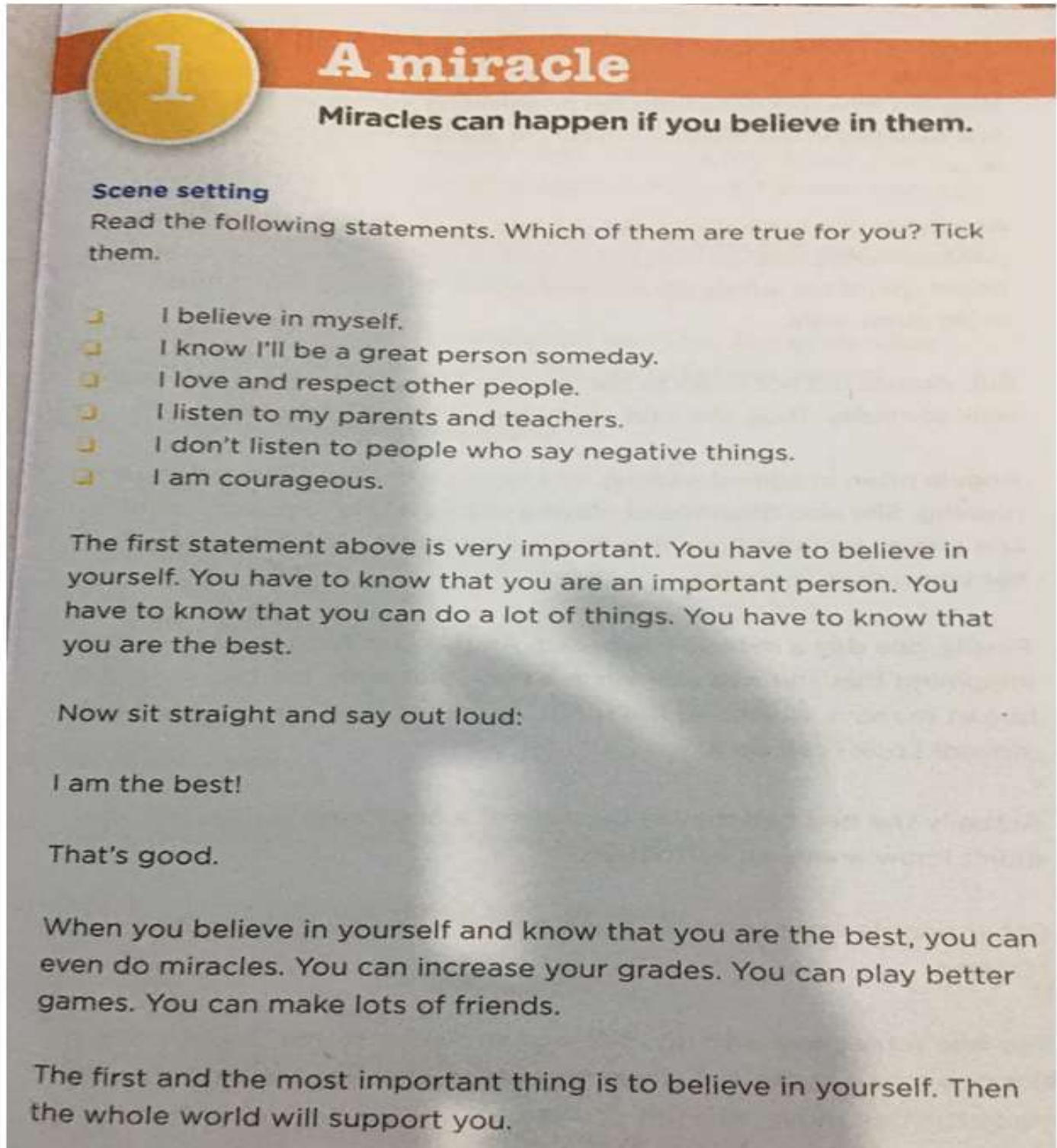


Class: Four

Subject-Life Skills

Learn story and do given exercise.



1 **A miracle**

Miracles can happen if you believe in them.

Scene setting
Read the following statements. Which of them are true for you? Tick them.

- I believe in myself.
- I know I'll be a great person someday.
- I love and respect other people.
- I listen to my parents and teachers.
- I don't listen to people who say negative things.
- I am courageous.

The first statement above is very important. You have to believe in yourself. You have to know that you are an important person. You have to know that you can do a lot of things. You have to know that you are the best.

Now sit straight and say out loud:

I am the best!

That's good.

When you believe in yourself and know that you are the best, you can even do miracles. You can increase your grades. You can play better games. You can make lots of friends.

The first and the most important thing is to believe in yourself. Then the whole world will support you.

Reading

Here is a true story of a little girl Angela who always said, "I can do it." She believed in her dreams. Finally her dreams came true. Let us read how.

Angela was an eleven-year-old girl. She was suffering from a nervous disease. Hence, she was unable to walk or move. Doctors said she would spend her whole life in a wheelchair. They said that Angela could never walk.

But, Angela did not listen to the doctors. She believed that she would walk someday. Thus, she said, "I will definitely walk someday."

Angela often imagined walking. She would close her eyes and think of running. She also dreamed of playing skipping and jumping around. She always remained positive. She believed that she would get out of her wheelchair someday.

Finally, one day a miracle happened. Angela was lying in her bed and imagining that she was walking in a park. Suddenly, the bed moved. It began to move all around the room. Angela started screaming, "Look! Look! Look! I can do it!"

Actually the bed had moved because of a huge earthquake. But she didn't know it was an earthquake.

Other people were screaming and running. She didn't hear their screams.

She was screaming with joy. She was so happy to see the bed move. Nobody told Angela that it was an earthquake. She thought that she made the bed move. She felt powerful.

After that day, Angela believed in herself even more. Slowly, little by little, she really began to move her legs. Then she could even stand. A few years later, Angela started going to school on her own two legs.

She finished her school, went to college and also started dancing. She even participated in many sports in school.

It was Angela's positive belief that made her walk. The earthquake was one of God's miracle to tell her that her belief was correct.

A. Answer the following questions.

1. What did Angela believe in?
2. What did Angela often imagine?
3. What miracle happened in Angela's life?
4. What is the main lesson you've learnt from Angela?

B. Fill in the blanks.

1. Angela was unable to walk or move because of her _____.
2. Angela _____ that she would walk someday.
3. She would often _____ herself walking.
4. The bed had moved because of an _____.
5. Angela _____ that she made the bed move.

Subject -Science

- Do exercise of lesson 3 from 1 to 6

Subject- English

Adverbs Worksheet

Use the adjective in brackets or make an adverb (adj+ly) as necessary

1. (heavy)It is raining _____.
2. (abnormal)Sometimes, he behaves _____.
3. (accident)She _____ swallowed a coin.
4. (always)I _____ go to bed before 10 p.m.
5. (annual)These animals migrate _____ in search of food.
6. (anxious)She was _____ looking at me for my reply.
7. (awkward)She laughed _____.

Subject- Social Studies

1. Answer these questions:

- a. What is an addictive substance?
- b. What are the harmful effects of tobacco smoking?
- c. How do you convince the person who has the habit of drinking alcohol?

The End.